

# Live *life* Well

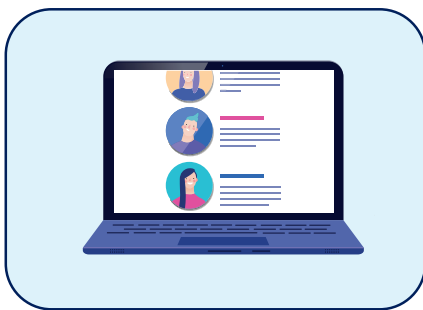
 Employee Well-being

## EARN THE HEALTHY PREMIUM RATE!

**Who:** All employees and spouses on a Cone Health medical plan on or before January 1, 2024.

**What:** Complete a Health Assessment & Annual Physical by September 1, 2024. BOTH actions are required to earn the Healthy Premium Rate. By completing these requirements, you are avoiding a \$520 (\$20/PP) premium increase in 2025.

**How:** Log in or create an account at [www.myactivehealth.com/conehealth](http://www.myactivehealth.com/conehealth) and complete your health assessment. Annual physicals can be completed between January 1, 2023-September 1, 2024. Your annual physical will automatically upload into your Active Health account within 6-8 weeks. Please check your account for completion status.



**Create account**



**Complete assessment**



**Annual physical**

Remember, you and your spouse need to complete the Healthy Premium requirements every year to keep your premiums low!

### **Were you hired or had a status change (added a spouse to benefits) after 1/2/2024?**

You automatically start at the Healthy Premium Rate. Completing your Healthy Premium requirements begin the following year after enrolling in a Cone Health medical plan to keep your premiums low.

For more information, please visit [www.myactivehealth.com/conehealth](http://www.myactivehealth.com/conehealth).  
Questions? Call 1-855-294-6577