

CARROT

Welcome to Carrot

Your hormonal health, fertility, and family-building benefits have moved to Carrot. Employees can use Carrot to get personalized support- regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.



Visit www.get-carrot.com/signup to claim your benefit and start exploring the resources available.

We're excited to welcome Carrot to administer Cone Health's Inclusive Family-Forming Benefits.

As a Cone Health Medical Plan enrollee, you are entitled to a \$25,000 Lifetime Maximum benefit for the following services:

- Fertility health and wellness
- Fertility care and assisted reproduction, including IVF
- Preservation (freezing eggs, sperm, or embryos)
- Gestational surrogacy

Effective **August 1, 2024**, Carrot will administer a Health Reimbursement Arrangement ("HRA") for qualified expenses related to hormonal health, fertility, and family-building benefits. An HRA is defined under IRS Notice 2002-45 and amounts reimbursed under the Plan are intended to be eligible for exclusion from Plan participants' gross income under Code Section 105(b).

Any prescriptions related to the services above will be managed through Carrot Rx, an easy-to-use online pharmacy that can save you time and money on your prescriptions. Get competitive pricing, up to 40% savings and price matching on some fertility medications, free next-day delivery (and same-day, if needed), and 24/7 access to certified clinicians.

Visit get-carrot.com/signup to claim your benefit and start exploring the resources and support available. The Carrot Team is available to assist you with any transition of care.

